



# MANSI NEMIWAL

## INDUSTRIAL / ORGANIZATIONAL PSYCHOLOGIST

### PROFILE

Experienced Industrial/ Organizational Psychologist seeking to apply psychological principles to enhance organizational performance & employee well-being. My expertise includes workplace dynamics, talent development, and performance management. I'm also passionate about therapeutic recreation and cognitive psychology, aiming to improve individuals' quality of life through holistic mental health support.

I am eager to contribute my skills and passion to organizations, and have extensive working experience with North American professionals. By leveraging my combined expertise in psychology and therapeutic recreation, I intend to be a catalyst for growth and improved quality of life, helping individuals find fulfillment and motivation in their daily activities.

### CONTACT

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### SKILLS

- Cognitive Psychology
- Psychological Assessment
- Cognitive Behavioral Therapy (CBT)
- Therapeutic Recreation
- Counseling Psychology
- Depression Treatment
- Stroke Rehabilitation
- Strategic Planning
- Psychometrics
- Customized Workshops
- Social Psychology

### EXPERIENCE

- **Industrial / Organizational Psychologist** Apr 2021 to 2024  
**Crystal Collections · Full-time**
  - Applied psychological principles to improve employee performance, enhance organizational effectiveness, and foster a culture of well-being.
  - Ensured all HR practices adhered to legal standards and ethical principles, maintaining organizational integrity and compliance.
  - Created structured onboarding processes to ensure new hires are successfully integrated into the company culture and equipped with necessary skills.
  - Provided guidance and resources to help employees identify career goals and develop necessary skills to advance within the organization.
  - Assessed employee satisfaction, engagement, and morale to identify areas for improvement and foster a positive work environment.
  - Handled employee concerns, grievances, and conflicts in a fair and equitable manner to maintain positive employee relations and cognitive health.
- **Internship Trainee** Aug 2024 to Present  
**Max Healthcare · Part-time**
  - Assisted in conducting comprehensive psychological assessments, including interviews, testing, and evaluation of mental health conditions.
  - Participated in the development and implementation of individualized treatment plans, providing support and guidance to patients under supervision.
  - Engaged in case discussions and multidisciplinary team meetings, enhancing my understanding of complex psychological issues and treatment strategies.
  - Conducted literature reviews and supported ongoing research projects, gaining insights into emerging trends and evidence-based practices in clinical psychology.
  - Contributed to maintaining accurate and detailed clinical records.
- **Recreation Therapist Intern** May 2022 to Sept 2022  
**Kensington Health · Internship**
  - Designed and implemented tailored activities to enhance mental health and well-being for patients with depression, anxiety, and other challenges.
  - Provided guidance to help patients improve quality of life & achieve their goals.
  - Facilitated group therapy sessions, fostering a supportive environment for patients to share experiences and develop coping mechanisms.
  - Collaborated with healthcare professionals, including psychiatrists, psychologists, & social workers, to create comprehensive treatment plans for patients.
- **Ignou, Masters in Psychology** 2023- Till date
- **PGP Degree, Therapeutic Recreation / Recreational Therapy** 2021 - 2022
- **Georgian College, Toronto, Canada**
- **Bachelor's Degree, Counseling Psychology** 2016 - 2019  
**Delhi University (DU), India**

### EDUCATION