



MANSI NEMIWAL

INDUSTRIAL / ORGANIZATIONAL PSYCHOLOGIST

PROFILE

Experienced Industrial/Organizational Psychologist seeking to apply psychological principles to enhance organizational performance & employee well-being. My expertise includes workplace dynamics, talent development, and performance management. I'm also passionate about therapeutic recreation and cognitive psychology, aiming to improve individuals' quality of life through holistic mental health support.

I am eager to contribute my skills and passion to organizations, and have extensive working experience with North American professionals. By leveraging my combined expertise in psychology and therapeutic recreation, I intend to be a catalyst for growth and improved quality of life, helping individuals find fulfillment and motivation in their daily activities.

CONTACT

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SKILLS

- Cognitive Psychology
- Psychological Assessment
- Cognitive Behavioral Therapy (CBT)
- Therapeutic Recreation
- Counseling Psychology
- Depression Treatment
- Stroke Rehabilitation
- Strategic Planning
- Psychometrics
- Customized Workshops
- Social Psychology

EXPERIENCE

- **Industrial / Organizational Psychologist** *Apr 2021 to 2024*
Crystal Collections • Full-time
 - Applied psychological principles to improve employee performance, enhance organizational effectiveness, and foster a culture of well-being.
 - Ensured all HR practices adhered to legal standards and ethical principles, maintaining organizational integrity and compliance.
 - Created structured onboarding processes to ensure new hires are successfully integrated into the company culture and equipped with necessary skills.
 - Provided guidance and resources to help employees identify career goals and develop necessary skills to advance within the organization.
 - Assessed employee satisfaction, engagement, and morale to identify areas for improvement and foster a positive work environment.
 - Handled employee concerns, grievances, and conflicts in a fair and equitable manner to maintain positive employee relations and cognitive health.
- **Internship Trainee** *Aug 2024 to Present*
Max Healthcare • Part-time
 - Assisted in conducting comprehensive psychological assessments, including interviews, testing, and evaluation of mental health conditions.
 - Participated in the development and implementation of individualized treatment plans, providing support and guidance to patients under supervision.
 - Engaged in case discussions and multidisciplinary team meetings, enhancing my understanding of complex psychological issues and treatment strategies.
 - Conducted literature reviews and supported ongoing research projects, gaining insights into emerging trends and evidence-based practices in clinical psychology.
 - Contributed to maintaining accurate and detailed clinical records.
- **Recreation Therapist Intern** *May 2022 to Sept 2022*
Kensington Health • Internship
 - Designed and implemented tailored activities to enhance mental health and well-being for patients with depression, anxiety, and other challenges.
 - Provided guidance to help patients improve quality of life & achieve their goals.
 - Facilitated group therapy sessions, fostering a supportive environment for patients to share experiences and develop coping mechanisms.
 - Collaborated with healthcare professionals, including psychiatrists, psychologists, & social workers, to create comprehensive treatment plans for patients.

EDUCATION

- **Ignou, Masters in Psychology** *2023- Till date*
- **PGP Degree, Therapeutic Recreation / Recreational Therapy** *2021 - 2022*
Georgian College, Toronto, Canada
- **Bachelor's Degree, Counseling Psychology** *2016 - 2019*
Delhi University (DU), India