

## Sunil R A

---

**From:** Irfan A <irfan@careonhealthcare.com>  
**Sent:** Monday, January 19, 2026 4:24 PM  
**To:** Sunil R A  
**Subject:** Fw: Resignation letter

Caution! This message originated from outside of Healthium. Please exercise caution when opening attachments and links

With Regards,

**Irfan A**  
**Area Sales Manager**

Sales & Marketing  
In Chennai ,Tamilnadu.

Mobile: [+91\\_9778639323](tel:+919778639323)

e-mail: [irfan@careonhealthcare.com](mailto:irfan@careonhealthcare.com)



Year of "Billion"  
2025 - '26

Careo  
Kinfra I  
Kerala,  
einfo@

---

**From:** Careon HR <hr@careonhealthcare.com>

**Sent:** Monday, January 19, 2026 4:17:03 PM

**To:** Irfan A <irfan@careonhealthcare.com>

**Cc:** Kora James <kora.james@careonhealthcare.com>; Venkitesh Iyer <venki.iyer@careonhealthcare.com>; DR T.P Aneesh <aneesh.tp@careonhealthcare.com>; Joy Joseph <joy.joseph@careonhealthcare.com>; Manikandan P <manikandan@careonhealthcare.com>; Lakshmi James <lakshmi.james@careonhealthcare.com>

**Subject:** Fw: Resignation letter

Dear Irfan,

Your resignation is accepted.

Best Regards,

**SHAIBA N.G**  
**Human Resources Department**

Mobile: +91 9747111087

e-mail: [hr@careonhealthcare.com](mailto:hr@careonhealthcare.com)

**Please Note:** The content of this email is confidential and intended for the recipient specified in the message only. It is forbidden to share any part of this message with any third party, without the written consent of the sender. If you received this message by mistake,

---

**From:** Irfan A <irfan@careonhealthcare.com>  
**Sent:** Monday, January 19, 2026 3:44 PM  
**To:** Manikandan P <manikandan@careonhealthcare.com>; Careon HR <hr@careonhealthcare.com>; PRX <PRX@careonhealthcare.com>  
**Cc:** Joy Joseph <joy.joseph@careonhealthcare.com>; Venkitesh Iyer <venki.iyer@careonhealthcare.com>; DR T.P Aneesh <aneesh.tp@careonhealthcare.com>  
**Subject:** Re: Resignation letter

Respected HR Team,

Please give me Accepting mail immediately now.

With Regards,

**Irfan A**  
**Area Sales Manager**

Sales & Marketing  
In Chennai ,Tamilnadu.

Mobile: [+91\\_9778639323](tel:+919778639323)

e-mail: [irfan@careonhealthcare.com](mailto:irfan@careonhealthcare.com)

---

**From:** Manikandan P <manikandan@careonhealthcare.com>  
**Sent:** Tuesday, January 13, 2026 11:59:24 AM  
**To:** Irfan A <irfan@careonhealthcare.com>; Careon HR <hr@careonhealthcare.com>; PRX <PRX@careonhealthcare.com>  
**Cc:** Joy Joseph <joy.joseph@careonhealthcare.com>; Venkitesh Iyer <venki.iyer@careonhealthcare.com>; DR T.P Aneesh <aneesh.tp@careonhealthcare.com>  
**Subject:** Re: Resignation letter

Respected Mr.Irfan,

Thank you for your support and warm, I will collect the company things by next week without fail.

With Regards,

**MANIKANDAN.P**

Mobile: +91 9747411169

**Deputy Regional Sales  
Manager-Chennai**

Sales & Marketing

e-mail: manikandan@careonhealthcare.com

---

**From:** Irfan A <irfan@careonhealthcare.com>

**Sent:** Tuesday, January 13, 2026 12:17:03 AM

**To:** Manikandan P <manikandan@careonhealthcare.com>; Careon HR <hr@careonhealthcare.com>; PRX <PRX@careonhealthcare.com>

**Cc:** Joy Joseph <joy.joseph@careonhealthcare.com>; Venkitesh Iyer <venki.iyer@careonhealthcare.com>; DR T.P Aneesh <aneesh.tp@careonhealthcare.com>

**Subject:** Re: Resignation letter

Respected Manikandan sir ,

Thank you for acknowledging and accepting my resignation. I'm grateful for the guidance and opportunities I've had while working under your leadership.

I will do my best to ensure a smooth handover.

Please let me know how I can assist further.

With Regards,

**Irfan A  
Area Sales Manager**

Sales & Marketing  
In Chennai ,Tamilnadu.

Mobile: [+91\\_9778639323](tel:+919778639323)

e-mail: [irfan@careonhealthcare.com](mailto:irfan@careonhealthcare.com)



Year of "Billion"  
2025 - '26



---

**From:** Manikandan P <manikandan@careonhealthcare.com>

**Sent:** Saturday, January 10, 2026 2:01:53 PM

**To:** Irfan A <irfan@careonhealthcare.com>; Careon HR <hr@careonhealthcare.com>; PRX <PRX@careonhealthcare.com>

**Cc:** Joy Joseph <joy.joseph@careonhealthcare.com>; Venkitesh Iyer <venki.iyer@careonhealthcare.com>; DR T.P Aneesh <aneesh.tp@careonhealthcare.com>

**Subject:** Re: Resignation letter

Dear Irfan,

This is to acknowledge receipt of your resignation from the position of ASM dated (8/1/2026).

While we respect your decision to move on, we would like to thank you for your contributions and efforts during your association with the organization.

As per company policy, your notice period is applicable. Since the required notice period has not been served, the last working date will be [8/1/2026 ], and no final settlement will be applicable. You are requested to ensure a smooth and complete handover of all responsibilities, pending tasks, and customer details to [Manikandan P ] On before next weekend.

The HR team will coordinate with you regarding exit formalities and clearance procedures.

We appreciate your services to the organization and wish you all the very best in your future endeavors.

With Regards,

**MANIKANDAN.P**  
**Deputy Regional Sales**  
**Manager-Chennai**

Sales & Marketing

Mobile: +91 9747411169

e-mail: manikandan@careonhealthcare.com

---

**From:** Irfan A <irfan@careonhealthcare.com>

**Sent:** Friday, January 9, 2026 9:30:24 AM

**To:** Manikandan P <manikandan@careonhealthcare.com>; Careon HR <hr@careonhealthcare.com>; PRX <PRX@careonhealthcare.com>

**Cc:** Joy Joseph <joy.joseph@careonhealthcare.com>; Venkitesh Iyer <venki.iyer@careonhealthcare.com>; DR T.P Aneesh <aneesh.tp@careonhealthcare.com>

**Subject:** Resignation letter

Dear Manikandan sir ,

Please accept this email as formal of my resignation from my position as Area sales Manager, effective 8/01/2026.

Due to personal commitments, I am unable to continue in my role currently. I appreciate the opportunities I have had at CAREON and thank you for your support.

Note : My problem is Now currently from the management side whenever I am going to apply Loan All the profile is in profile is good and healthy, But CAREON Profile was something is not good accounts related.

So, That is the Reason we cannot get any loan from Bank side to use us personal wealth development.

My humble request is to clear immediately all the PF Amount to deposit to all the employees otherwise this problem will be happened upcoming days also.

Thank you so much....I am going to Miss you all.

Sincerely,  
Irfan .A

With Regards,

**Irfan A**  
**Area Sales Manager**

Sales & Marketing  
In Chennai ,Tamilnadu.

Mobile: [+91\\_9778639323](tel:+919778639323)

e-mail: **[irfan@careonhealthcare.com](mailto:irfan@careonhealthcare.com)**