

SAHYTYA JAIN

📍 Bangalore | ✉️ sahytyajain@gmail.com | ☎️ 8340656346

💡 Career Objective

Dynamic professional with 7+ years of experience in client engagement, training coordination, and wellness facilitation. Skilled in building strong client relationships, managing large-scale programs, and delivering impactful sessions. Seeking opportunities in **Client Engagement**, where I can combine strong communication, organizational, and relationship-building skills to drive client satisfaction and business growth.

🏆 Core Competencies

- Client Relationship Management
- Training Operations & Coordination
- Public Speaking & Presentation Skills
- Mindfulness & Soft skills sessions
- Corporate Wellness & Employee Engagement

👜 Professional Experience

Founder & Coach (2018 – Present)

Fitness Consultant @ HealthifyMe Pvt Ltd (2021-2022) - 18 months

24/7 AI - Voice Process - (Oct 2024 - Mar 2025) - 6 months

- Facilitated **500+ sessions** for corporates, communities, and institutes across India.
- Partnered with **top organizations** (Applied Materials, Qualcomm, Tata Sky, Prestige, BSNL) for wellness and engagement programs.
- Coordinated with HR, L&D teams, and external trainers to design and deliver customized workshops.
- Managed end-to-end program delivery: client discussions, scheduling, documentation, and reporting.
- Consistently recognized for high-energy facilitation, engaging presentations, and strong audience connect.

🎓 Education & Certifications - Commerce Graduate

- Certified Happiness & Mindfulness Coach
- Certified Workplace Happiness Consultant

- Certified Dance Fitness Instructor
- Laughter Yoga & Meditation Healing Practitioner
- Soft Skills Trainer & Certified Numerologist

Key Clients & Collaborations

- **Corporate:** Applied Materials, Qualcomm, Rebit, Tata Sky, BSNL, Prestige
- **Educational:** Dayanand Sagar College, Pearl Academy
- **Communities:** Networking events, wellness retreats, private sessions

Skills

- Client Engagement & Communication
- Pre-Sales Support (consultative discussions, proposals)
- Training Program Coordination
- Emotional Intelligence & Self-Awareness
- Team Building & Leadership Workshops
- Event Hosting & Facilitation

Name : Sahytya Jain

Birth Place : Mumbai

Hobbies : Music, mimicry, cricket, psychology.